



# Upland Turkey Trot

## 5K Run / Walk



Start & Finish at **San Antonio Park**  
(Mountain Ave & 24th Street in Upland)

**The City of Upland  
Recreation & Community Services with  
The Upland High School Boys and Girls  
Baseline Champs Cross Country Team**

Are Proud to Announce this fun 5K Run/Walk!  
Invite your family, neighbors and friends for this  
Historic 5K Run/Walk on the old trolley path.

Online registration is available  
For more information please call (909) 931-4285  
Or check us out at [www.ci.upland.ca.us](http://www.ci.upland.ca.us)  
*Funds will help support the Cross Country Team.*

Register by  
11/16 to  
guarantee a  
T-Shirt!

Compete  
for Awards  
in every  
category!

### Event Schedule

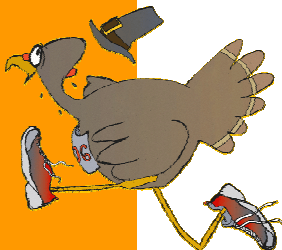
6:30am-Registration & Packet Pickup  
7:30am- Kids Trot/1K For 10yrs & Under  
8:00am -5K Run/Walk Starts

**Thanksgiving Morning**  
**Thursday, November 25, 2010**

Check In/Late Registration: 6:30am  
Start Time: 8:00am

Register before 11/17/10  
5k Trot \$25.00  
Kids 1k Trot \$15.00

Register after 11/16/10  
5k Trot \$30.00  
Kids 1k Trot \$20.00



# COME EXERCISE BEFORE THE BIG MEAL!

This is not a UUSD sponsored activity